



2010 Binghamton Circuit Race

Sponsored by Tioga Velo Club (TVC)

<http://www.tiogavelo.com>

Sunday, April 25th, 2010

Kirkwood Industrial Park

USA Cycling Permit 2010-415



Finish Camera and Results* by Big Guy Group

Results in these races count towards USA Cycling upgrades and National Rankings, plus LAJORS for Juniors!

Note: Most riders can race twice (if you have the legs for it ☺)! *Camera weather-permitting.


Time	Field	Category	Distance	Prizes (1 st , 2 nd , 3 rd)	Notes
10:00	1.	Cat 4 Men	15 laps/ ~24 miles	\$20, \$20, \$20	Start at 1 min interval. Finish on men's final lap.
	2.	Cat 3-4 Women (start at 1 min interval), Masters Women 55+	~13 laps/ ~22 miles	\$20, \$20, \$20	
11:20	3.	Cat 5 Men, Masters Men 55+, 60+	12 laps/ ~20 miles	Incidental prizes	Start at 1 min interval.
	4.	Juniors (M10-12, W10-12, M13-14, F13-14, M15-16, M17-18, W15-16, W17-18)	8 laps/ ~12 miles	Incidental prizes, LAJORS medals	
12:30	5.	Cat 1-2-3 Men, Under 23 Men	18 laps/ ~30 miles	\$20, \$20, \$20	Start with Cat 1-2-3 Start at 1 min interval. Finish on final lap.
	6.	Masters Men M30+, M35+, M45+	18 laps/ ~30 miles	\$20, \$20, \$20	
	7.	Open Women, U23 Women, Masters Women W35+, W45+.	~15 laps/ ~24 miles	\$20, \$20, \$20	
2:00	8.	Cat 3-4 Men	15 laps/ ~24 miles	\$20, \$20, \$20	Cat 5 start at 1 min interval
	9.	Cat 5 Men, Masters Men 55+, 60+	12 laps/ ~20 miles	Incidental prizes	

The Course: Races take place on a 1.6-mile semi-closed circuit around the Kirkwood Industrial Park, located just east of Binghamton, NY. The Tioga Velo Club uses this course for training races twice a month. The circuit has no sharp curves, one small hill, and pavement is in excellent condition. Recommended gears: 53x12-23. Porta-potty on site. Bring your family, fans, and cowbells! Great course for spectators!

This is a Lance Armstrong Junior Olympic Series (LAJORS) race for juniors toward selection to regional junior cycling camps. LAJORS age groups will be mixed/matched on race day to form the best possible events for the riders. Juniors Age 10-12 may race on any type of bike; no straight or aero bars permitted. Gear rollout requirement for road bikes = 7.93 m (26"). For information, call Lloyd Campbell (607-625-4753).

register online @



Fee: **On-line pre-registration only \$15 (\$5-juniors)** plus BikeReg fee by  until noon 4/23/10. No refunds. **\$25 on-site (\$10 juniors)**. All riders must have a valid USA Cycling license or purchase a one-day license at the event (\$10). Make checks payable to "Tioga Velo Club". Registration opens 8:30AM until 15 minutes prior to each race. **Additional races only \$5 each (\$10 on-site)!** Race twice for \$20!

Awards: Cash prizes as per table above. Swag for primes Women Cat "n" choosing to race with Men Cat "n-1" will be scored with the men.

Contact: Jeff Poulin, jpoulin@stny.rr.com.

Directions:

- **North of Binghamton:** Take Interstate 81 South, Exit #3. Straight at bottom of ramp into industrial park.
- **West of Binghamton:** Take Route 17 East, Merge with I 81 South, Exit #3. Straight at bottom of ramp into industrial park.
- **East of Binghamton:** Take Route 17 West to Rt.11 North (exit 75). Turn right onto Colesville Road (across from Fritolay, after overpass). At second light, turn right, continue into industrial park.
- **South of Binghamton:** Take I 81 North, then exit 2 (Rt. 11 North). Turn right onto Colesville Road (across from Frito-lay, after overpass). At second light, turn right, continue into industrial park.

Park in the TCMF lot; **please do not park on the grass!**